ACOG Guidelines for Maternity Care during COVID-19

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Jump To:

Find resources to help cope with challenges brought about by COVID-19. <u>Wellness in the Time of</u> <u>COVID-19</u>

Clinical Information

Latest News

Patient Resources Practice Management

Advocacy

External Resources

Practice Advisory

Novel Coronavirus 2019

Latest practice guidance: Advisory on Novel Coronavirus 2019 (COVID-19) including an algorithm to aid in assessment and management of pregnant patients with suspected or confirmed COVID-19.

Read More Assessment Algorithm



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Clinical Information

- COVID-19 Practice Advisory
- Committee Opinions Telehealth & Hospital Disaster Preparedness
- Patient & Resources
 - Patient FAQ COVID-19, Pregnancy, and Breastfeeding

Practice Management

- Postpartum Medicaid Coverage Extended
- Managing patients remotely (digital and telehealth services)

Advocacy

• Access to contraception, Racial Inequities, Immigrant Health

• External Resources

• Editor curated COVID-19 Resources, CDC



• Practice Advisory

- Testing
- Joint ACOG/SMFM Patient Assessment Algorithm
- Community mitigation efforts and risk of negative impact on obstetric care
 - Maximize use of telehealth across maternity care
- Addressing inequities in Racial and Ethnic Minority Populations
- Infection Prevention and Control in Inpatient Obstetric Care Settings
- Personal Protective Equipment
- Breastfeeding



• Physician FAQ – Prenatal Care

- Pregnant patients and work
- Modified prenatal care
- Use of telehealth
- Routine screening prior to appointment
- Essential antenatal fetal surveillance and ultrasounds
- Use of aspirin as recommended for preeclampsia risk reduction
- Corticosteroids
- Mental health, IPV and anticipatory delivery admission guidance
- Immunizations



• Physician FAQ – Intrapartum Care

- Timing of delivery
- Mode of Delivery per OB indication
- Scheduled deliveries to continue as indicated with guidance at local facility/system level
- Delayed cord clamping not contraindicated
- Umbilical cord banking not contraindicated
- Doula support encouraged as desired by patient; adhere to visitor policy
- Nitrous oxide use suspended
- Oxygen indicated for maternal hypoxia, but not to treat abnormal fetal testing
- Intrapartum fever use clinical judgement



• Physician FAQ – Postpartum Care

- Expedited discharge should be considered
- Mental health support services
- Modified postpartum counseling (changes, communication, infant feeding, contraception)
- Modified postpartum visit schedule
- Circumcision timing need not be altered (defer to local resources)
- Special consideration for incarcerated pregnant people
 - Access to prenatal care, abortion, postpartum care, breastmilk expression, timely assessment of pregnancy-related or COVID-19 symptoms